



BEYOND THE BOOK GUIDE BIRTH - 12 MONTHS

Happy and You Know It! by Vanja Kragulj

Book Summary

"If You're Happy and You Know It" is a classic song that parents, babies, and children love to sing together. It is filled with vocabulary to teach terms like body parts, emotions, and action words. Now your child can read or sing along to this song, while observing the beautiful illustrations in this book. Read the story again in the future to reinforce vocabulary and concepts!

Sign Language

- Teach your child basic signs such as "more," "please," "thank you," "eat," and "drink." You can use the signs while singing, "If You're Happy and You Know It," which helps your child to associate the signs with the song.
- Ex. "If you're happy and you know it, say please (sign please). If you're happy and you know it, take a drink (sign drink)."

Reading the Story

- Show your baby the book and point out the pictures and colors. At this age, it's more important to talk about the book, not necessarily to read all of the words.
- Use different voices and tones to make the story engaging and exciting.
- Pause during the story to ask your baby questions and let them respond. Even if they only coo or babble, those responses teach turn-taking skills for later conversations.

Movement and Music

- Sing "If You're Happy and You Know It" to your child and encourage them to clap their hands and do other actions that match the lyrics. You can also create your own verses with different actions, such as "If you're sleepy and you know it, close your eyes," or "If you're hungry and you know it, rub your tummy."
- Use simple instruments, like shakers or bells, to introduce your baby to different sounds and rhythms.
- Play music during playtime and encourage your baby to dance along.