



BEYOND THE BOOK GUIDE 13-23 MONTHS

Happy and You Know It! by Vanja Kragulj

Book Summary

"If You're Happy and You Know It" is a classic song that parents, babies, and children love to sing together. It is filled with vocabulary to teach terms like body parts, emotions, and action words. Now your child can read or sing along to this song, while observing the beautiful illustrations in this book. Read the story again in the future to reinforce vocabulary and concepts.

Sign Language

- Teach your child basic signs such as "more," "please," "thank you," "eat," and "drink." You can use the signs while singing, "If You're Happy and You Know It," which helps your child to associate the signs with the song.
- Ex. "If you're happy and you know it, say please (sign please). If you're happy and you know it, take a drink (sign drink)."
- You can also practice signing words from the book like "happy", "feet", "shout", and "face".

Reading the Story

- Discuss the book's title and cover.
- Point out unfamiliar words or objects in the book and introduce their meanings.
- Encourage your child to interact with the story by pointing to pictures, making sound effects, and answering questions.
- Use the themes from the book to spark conversations and activities with your child, such as talking about feelings, making a happy/sad face chart, or creating a craft related to the story.

Movement and Music

- Sing the "If You're Happy and You Know It" song with your child and encourage them to clap, stomp their feet, and/or nod their head along to the rhythm.
- Play music and dance with your child to help them develop gross motor skills and improve their coordination.
- Encourage your child to use musical instruments, or items around the house, to create their own music.